

## MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA
NAAC Re-Accredited B-Level Govt. aided College
CPE (Under UGC XII Plan) & NCTE Approved Institutions
DBT Star College Scheme Award Recipient

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# Report of Mentor Mentee Club of The Department of Nutrition Subject -B.VOC (Food Processing) Mugberia Gangadhar Mahavidyalaya

Mentor- Mentee Cell (Formerly known as Tutor-Ward Club) is founded by Mugberia Gangadhar Mahavidyalaya, Bhupatinagar, Department of Nutrition with a vision to extend support and guidance to the students studying in the college for the betterment of their academic and professional career and thereby contribute towards nation building. It is very effective system that is aimed to narrow down the gap between the mentee and the mentor and thereby the society in general. The students may come across difficulties during the degree programmes and have to face academic and adjustment challenges. To cope up with such problems and to enable them to excel in academics and profession as per their potential, a Mentor- Mentee programme for the students of the institution has been developed.

We are providing counseling to the students through personal attention and regular dialogues during their stay on campus, on telephone and by paying personal visits to the houses of the mentees allotted to the teacher concerned as the Mentor. We have been providing them tips on studies personal counseling, guidance regarding career choices, to get success in the university examinations. We have also been supporting the mentees in the form of precise content on courses, fees, reviews, college admission process and scholarships etc. The scheme has become very successful in bridging the gap between the teacher and the student. It has become instrumental in blending the harmonious relationship between the learner and his/her family and the institution at large. It has definitely created an atmosphere of conviction and faith about the alma mater. Consequently, every year the enrolment ratio of girl-students from all sections of society has been rapidly increasing.

We aim that all students get rightly educated and take the right step towards building their career **Aims and Objectives:** 

- To bridge the gap between the mentor and the mentee.
- To ensure the quality performance of the students in academics.
- To deal with the related issues for the holistic development of the students.
- To provide mutual support and congenial learning environment.
- To inspire and motivate for higher studies and competitive examinations.
- > To discuss stress related issues.
- To regulate the academic involvement and assess the outcome

### **Program Details:**

- Mentees shall be assigned to the mentors right from the first year of the programme.
- A mentor shall not have more than 30 mentees at a time.

- The mentees preferably be attached to the same mentor for the entire duration of the programme.
- ➤ The mentor shall meet the mentees regularly and record the outcome of the meeting in the hard copy. The details about each mentee will be recorded and periodically updated.
- ➤ The mentor shall identify the students performing exceptionally well in curricular or co-curricular activities and report to the head of the institution/department for providing further motivation to advanced/gifted learners.
- > The mentor shall also identify the students whose performance/attendance is below par. The mentor shall interact with the student and try to find out the cause of the problem or an indifferent behavior. If required the mentor will involve the parents, head of the department for reforming the student.
  - A. Attendance: The mentor shall observe and monitor the attendance of the mentee. He/she shall advise and take necessary follow up action with regard to students who do not meet the attendance norms of the college.
  - B. Academic Matters: The mentor shall also keep a track of the academic performance of mentees including continuous assessment, term and examination and help the mentee through counseling or by arranging remedial teaching, if necessary
  - C. Behavioral and discipline matters.
  - D. Health and physical well being.
  - E. Achievements, talents and co-curricular activities.
  - F. Stress related issues.



### **Duties/Responsibilities of Mentor:**

- A. Introduce and discuss the concept of mentor- mentee system with the assigned mentees.
- B. Call a meeting of all mentees and record their necessary details in the designated form, note any specific requirement of students and discuss with them the complete schedule of future meetings
- C. Keep a track of the attendance, academic performance and behavioral aspects of the students by interacting with exam department and the hostel authorities etc.
- D. Support students academically and emotionally.
- E. Contact parents to inform the progress of their ward, whenever required and visit the houses of mentees at least twice in the year.
- F. Maintain a record of the progress made by the identified underperforming students and take remedial actions wherever required.
- G. To guide students and also to arrange for remedial teaching if required.

### **Duties/Responsibilities of Mentee:**

- a. Attend meeting regularly
- b. Fill personal information in the form at the time of joining the mentor- mentee system.
- c. Provide details of attendance, continuous assessment, term end examination, co curricular, extra-curricular activities to the mentor whenever asked for.
- d. Repose confidence in the mentor and seek his/her advice whenever required.
- e. Provide all the necessary data with relevant documents (Previous Academic performance Records, documents for participation in extra/co curricular activities and academic advancement).
- f. Know what you want and ask for what you need.
- g. Identify special goals that you want to achieve and discuss it clearly with your mentor.
- h. Seek information regarding resources that you need from various sources.
- i. Conduct Peer Mentoring to help your mentor.
- j. Have a positive attitude.
- k. Accept feedback respectfully & cordially & discuss future course of action.
- 1. Attend mentor meetings regularly & punctually.

m. Provide feedback and communicate healthy developments in you.

### **Characteristics of a good Student Mentor:**

- A good student mentor is someone who engages in a positive relationship with the student and gives them attention.
- > The mentor needs to have positive self-esteem, react well to stressful situations and tolerate frustrating situations.
- > They need to listen well and communicate on a level that the student can understand and not be judgmental.
- The mentor needs to provide leadership and guidance and be a positive role model, nurturing a relationship that respects the student sident.
- > The mentor must always show up on time for sessions, be committed and accept their responsibilities.
- A good mentor will reinforce the student's successes and challenge them to do better and be willing to give them a fresh start if there are any lapses.
- ➤ They will not break the trust they have established.

### **Benefits of a Student Mentoring Program:**

- > Students benefit by receiving the support and guidance of a caring adult or supportive peer and also receiving assistance with their academic studies.
- > Students will experience greater self-esteem and be motivated to succeed.
- ➤ They will also receive encouragement to stay in education and progress to further and/or higher education and receive assistance in choosing a career path.
- ➤ The Mentees will be encouraged to avoid the use of drugs and alcohol.
- > Student will also improve interpersonal relationships, such as with Institute, the teaching staff and the student's family.

### **Benefits to Peer Mentors:**

- Adults who volunteer to mentor students increase their involvement in the learning community and recognize they can make a difference.
- They will gain new experience and knowledge about young people and the Institute community and contribute to the wider aims of community cohesion and regeneration.

### **Benefits to the Nutrition Department:**

- ➤ Having a student mentoring scheme helps to foster good community relations and contributes to the local and area targets for economic growth.
- > Students will be more motivated and inspirational which will improve morale amongst the learning community.
- Mentoring will maximize the achievements of individual students and groups of students who are at risk of underperforming and remove barriers to achievement for vulnerable groups of students.

> Mentoring enhances the skills of staff and students, improves student attendance and increases student retention.

### Minutes of the Departmental meeting for Mentor Mentee Club on 22.12 .2022

### **Members present:**

- 1. Dr. Apurba Giri, HOD, Assistant Prof., Dept. of Nutrition
- 2. Mrs. Moumita Samanta, SACT, Dept. of Nutrition
- 3. Ms. Pranati Bera, SACT, Dept. of Nutrition.
- 4. Mrs. Keya Dash, SACT, Dept. of Nutrition.
- 5. Mrs. Rikta Jana, SACT, Dept. of Nutrition.
- 6. Mrs. Sucheta Sahoo, SACT, Dept. of Nutrition..
- 7. Mr. Prabir Jana, SACT, Dept. of Nutrition..
- 8. Mr. Tonmoy Kumar Giri, SACT, Dept. of Nutrition..
- 9. Ms. Monalisa Roy, Assistant Prof., Dept. of Nutrition..
- 10. Ms. Surti Mandal, Assistant Prof., Dept. of Nutrition..
- 11. Mr. Khokan Chandra Gayen, Assistant Prof., Dept. of Nutrition..
- 12. Mr. Ayan Mondal, Assistant Prof., Dept. of Nutrition..

A short meeting was arranged at 3 pm regarding the implementation of "Mentor Mentee Club" in our Department. All teachers of the department joined the meeting in time. **Dr. Apurba Giri, HOD of Dept. of Nutrition** chaired the meeting.

### **Decision taken in the meetings:**

- 1) It is decided that **Dr. Apurba Giri** will be coordinator of this programme.
- 2) It is decided that **Mr.** Khokan Chandra Gayen and Mrs Sucheta Sahoo, will be joint-coordinator of this programme.
- 3) A mentor mentee programme will be held on 09.02.2023.
- 4) Approved list of the Mentors and list of mentees assigned to mentor is formatted which are given bellow.

## Mugberia Gangadhar Mahavidyalaya

## Mentor-Mentee Club Approved List of the Mentors Department of Nutrition 2022-2023

Sr. No	Name of Mentor	Dept. of Mentor	No of Mentees	Allotted Class of Mentees
1.	Dr. Apurba Giri Assistant Professor& HOD	Nutrition	20	B.Sc I sem
2.	Mr.Tonmoy Kumar Giri, SACT	M.voc	18	M.Voc III sem
3.	Mrs. Moumita Samanta SACT	Nutrition	11	B.Sc V sem
4.	Ms. Pranati Bera SACT	Nutrition	14	B.Sc II sem
5.	Mrs. Keya Dash SACT	Nutrition	17	B.Sc III sem
6.	Mr. Khokan Chandra Gayen	B.Voc ( Food Processing)	13	B.Voc II sem
7.	Mr. Ayan Mondal, Assistant Prof.	B.Voc( Food Processing)	11	B.Voc(( Food Processing) Food Processing)
8.	Ms. Surti Mandal, Assistant Prof.	B.Voc ( Food Processing)	15	B.Sc III sem
9.	Ms. Monalisa Roy, Assistant Prof.	M.Voc	10	M.voc I sem
10.	Mrs. Sucheta Sahoo, SACT	B.voc ( Food Processing	18	B.Voc II sem

## Mugberia Gangadhar Mahavidyalaya Mentor-Mentee Club List of mentees assigned to Mentors Department of Nutrition

~-			Departme	1	
SL. NO.	Name of Mentee Allot	No of Mentee Allotted	Name of Mentee	Class of Mentee	Address and Phone No. of Mentee
1.	Sucheta Sahoo	18	Biswajit Bhunia	B.Voc. (Food Processi ng) 3 <sup>rd</sup> semeste r	C/O - Harendranath Bhunia Vill- Neturia, P.O- Udbadal, Dist- Purba Medinipur, Pin-721425 Date of Birth -25/02/2005 Email - bhuniabiswajit143@gmail.com Mobile -8927614238
2.	Sucheta Sahoo	18	Debalina Patra		Debalina Patra, C/O- Subrata Patra, Vill- Kunjapara, P.OItaberia, Dist-Puraba Medinipur Pin-721456, Blood group -B+ E-mail - debalinapatra 2003@gmail.com Mobile -9907526391
3.	Sucheta Sahoo	18	Ankan Bag		C/O - Debasish Bag Vill+P.O- Basulia, Dist- Purba Medinipur, Pin-721628 Date of Birth -04/08/2004 Blood Group:B+ Email - ankanbag8191@gmail.com Mobile - 9474054555
4.	Sucheta Sahoo	18	Srijita Roy		.Voc. (Food processing) "Ebullient batch" Srijita Roy C/O- Late Pradip Roy Vill+P.O- Bahadurpur, Dist- Purba Medinipur, Pin- 721626 Date of Birth- 06/11/2004 Blood Group:O+ Email- srijitaroy336@gmail.com Mobile-9339000152
5.	Sucheta Sahoo	18	Ananya Bhunia		EBULLIENT BATCH Ananya Bhunia D/O- Paltu Bhunia Vill-Simulia, P.O Bhimeswari bazar, Dist- Purba Medinipur, Pin-721458 Date of Birth- 20/04/2004 Blood Group - B+ E-mail:-ananyabhunia512@gmail.com

				Mobile number: 9933633690
6.	Sucheta Sahoo	18	Surajit Jana	B.Voc. (Food Processing) "EBULLIENT BATCH: 2022-2025" Surajit Jana C/O - Sanjib Jana Vill- Kantapukhuria, P.O- Baghadari, Dist- Purba Medinipur, Pin- 721425 Date of Birth - 14/05/2005 Blood Group: AB- Email - surajitm6353@gmail.com
7.	Sucheta Sahoo	18	Ranajit Bera	Mobile - 7601879674  B.voc Food Processing "Ebullient Batch" Ranajit Bera C/O- Pijus Kanti Bera Vill.+Po krishnanagar Dist- purba Medini pur, Pin- 721430 Date of birth- 30/10/2004 Blood group- B+ Email- beraranajit8597@gmail.com Mobile- 8597728645
8.	Sucheta Sahoo	18	Debasis Maity	B.voc(food processing) "Ebullient batch:2022-2025" Debasis Maity C/o -Gadadhar Maity Vil-Jahanabad, p.oJahanabad Dis:- Purba Medinipur, pin:-721432 Date of birth -05/08/2004 Blood group:- B+ E-mail id:- debasismai740@gmail.com Mobile:- 7407771743
9.	Sucheta Sahoo	18	Sumita Maity	EBULLIENT BATCH C/O- Shyamlal Maity Vill- kuchaidighi, P.O Barbaria, Dist- Purba Medinipur, Pin-721626 Date of Birth- 27/05/2003 Blood Group - AB+ E-mail:- sumitamaity654@gmail.com Mobile number: 7362973323
10.	Sucheta Sahoo	18	Sneha Acharya	Sneha Acharya C/O -Tapan Acharya Vill+P.O - Uttar Darua, Dist -Purba Medinipur, Pin -721401 Date of Birth -29/04/2004 Blood Group:A+ Email - snehaacharya180@gmail.com

				Mobile -9932476283
11.	Sucheta	18	Susmita	B.voc(food processing)
	Sahoo		Ghorai	"Ebullient Batch: 2022-2025"
				Susmita Ghorai
				C/O- Samir kumar Ghorai
				Vill.+P.O- Gopinathpur,DistPurba
				Medinipur, pin-721633
				Date of Birth-28/12/2002
				Blood group:B+
				Email- Susmitaghorai2002@gmail.com
				Mobile-9339953377
12.	Sucheta	18	Monalisa Patra	B.voc Food Processing (Ebullient batch)
	Sahoo			Monalisa Patra
				C/o - Uttam Patra
				Vill-Bajabaria
				P.o- Chaknan
				Dist- Purba Medinipur
				Pin-721633
				Date of birth -
				31/08/2004
				Blood group - O+
				Email - monalisapatra222@gmail.com
				Mobile - 8597028745
13.	Sucheta	18	Sudip Jana	B.Voc Food processing
	Sahoo			Ebullient Batch
				C/O- Pradip Kumar Jana
				Vill+post- Mohati, Pin -721430
				Dist- purba Medinipur
				Date of birth- 14/10/2002
				Blood group - B+
				Email- jasudip14@gmail.com
				Mobile - 8170079653
14.	Sucheta	18	Saptami Maity	B. Voc. (Food processing)
	Sahoo			"EBULLIENT BATCH"
				C/O- Biswajit Maity
				Vill+P.O Paushi
				Dist- Purba Medinipur, Pin- 721444
				Date of birth - 20/10/2004
				Blood Group: O+
				E-mail: saptamimaity624@gmail.com Mobile: 8167625637
15.	Sucheta	18	Ranita Roy	B.Voc (food processing)
	Sahoo			" Ebullient Batch : 2022 - 2025 "
				C/O- Rabi kanta Roy
				Vill Bamunia, P.O jukhia Bazar , Dist
				Purba Medinipur,Pin-721430

				Date of Birth -22/08/2004 Blood Group - B+ Email - royranita324@gmail.com
				Mobile - 7810953539
16.	Sucheta Sahoo	18	Pallabi Maity	B.Voc. (Food Processing) "EBULLIENT BATCH: 2022-2025" C/O-Ashes Maity Vill - Sankar pur, P.O - Bhabanichak Dist - Purba Medinipur, Pin - 721427 Date of birth - 05/07/2005 Blood Group: B+
				E-mail: pallbimaity2005@gmail.com Mobile: 8116420385
17.	Sucheta Sahoo	18	Nripendranath Giri,	Sulekha Giri, c/o - vill-chakrasul, p.o- Lalua, Dist- Purbamedinipur, pin - 721456, D.O.B- 05/03/2004, Blood group- B+, email- Sulekhagiri64@gmail.com, mobile- 9907475174
18.	Sucheta Sahoo	18	Arpita Samanta	C/O - Madan mohan Samanta Vill+ p.O - Dekhali, Dist - Purba Medinipur Pin- 721430 Date of Birth - 01/08/20 arpitasamanta280@gmail.com Mobile - 9647212427
19.	Khokan Chandra Gayen	13	Subrata samanta,	Subrata samanta, C/O -Sambhu samanta Vill+ P. O- Tikashi Dist -Purba mednipur Pin -721430 Date of birth -03/06/2004 Blood group -O+ E-mail -Subratasamanta64997@gmail.com Mobile -7477752914
20.	Khokan Chandra Gayen	13	Ritushree Dinda	B.Voc(Food Processing) "EBULLIENT BATCH" Ritushree Dinda D/O- Sujan Dinda Vill- Debichak P.O- Mohati Dist- Purba Medinipur Pin- 721430 Date of Birth- 08/04/2005 Blood Group- O+ E-mail - ritushreedinda@gmail.com Mobile no 9339378543

21.	Khokan	13	Sanghamitra	B.voc ( Food Processing)
21.	Chandra	15	Chowdhury	"EBULLIENT BATCH"
	Gayen		Chowanary	D/O - Mukti Pada Chowdhury
	Gayen			Vill- Jamira, P.OPalshya
				Dist- Paschim Medinipur
				Pin - 721301
				Date of Birth- 11/09/2003
				Blood group- B+
				E- mail -
				sanghamitrachowdhury2003@gmail.com
				Mobile Number- 7501338596
22.	Khokan	13	Suchitra Barik	C/O - chandan Barik
	Chandra			Vill - kotalpur, p.O - Iswarpur, Dist-purba
	Gayen			Medinipur
				Pin- 721659
				Date of Birth - 23/08/2003 Blood group -
				A+, Email- suchitrabarik17@gmail.com
				Mobile - 8967182197
23.	Khokan	13	Surajit Barui	, C/O - Nanda gopal Barui, Vill- Uttar Khas
23.	Chandra	13	Surajit Barui	Mulda, P.O - Kayemgeria, Dist - Purba
				Medinipur, Pin - 721444 ,Date of Birth -
	Gayen			=
				03/11/2003 ,Blood Group:O+ , Email -
				surajitbarui987@gmail.com Mobile
				number: 7811816834
24.	Khokan	13	Sreema Bhunia	B. Voc(Food Processing)
	Chandra			"EBULLIENT BATCH"
	Gayen			D/O- Sandip Kumar Bhunia
				Vill- Tahalia
				P.O- Argoal
				Dist- Purba Medinipur
				Pin- 721456
				Date of Birth- 04\07\2004
				Blood Group- O+
				E-mail - bhuniasreema@gmail.com
				= 111011 0110111001 0 B11101110 0 111
25.				Mobile no 9564143737
∠J.	Khokan	13	Amit Pal	
۷۵.	Khokan Chandra	13	Amit Pal	Mobile no 9564143737 C/O - Pasupati Charan Pal
23.	Chandra	13	Amit Pal	Mobile no 9564143737
23.		13	Amit Pal	Mobile no 9564143737  C/O - Pasupati Charan Pal  Vill+P.O -Dekhali, Dist- Purba Medinipur,
43.	Chandra	13	Amit Pal	Mobile no 9564143737  C/O - Pasupati Charan Pal Vill+P.O -Dekhali, Dist- Purba Medinipur, Pin-721430 Date of Birth- 28/10/2004
23.	Chandra	13	Amit Pal	Mobile no 9564143737  C/O - Pasupati Charan Pal  Vill+P.O -Dekhali, Dist- Purba Medinipur, Pin-721430  Date of Birth- 28/10/2004  Blood Group-B+, Email-
23.	Chandra	13	Amit Pal	Mobile no 9564143737  C/O - Pasupati Charan Pal Vill+P.O -Dekhali, Dist- Purba Medinipur, Pin-721430  Date of Birth- 28/10/2004  Blood Group-B+, Email- amitpal7797959683@gmail.com
	Chandra Gayen			Mobile no 9564143737  C/O - Pasupati Charan Pal Vill+P.O -Dekhali, Dist- Purba Medinipur, Pin-721430  Date of Birth- 28/10/2004  Blood Group-B+, Email- amitpal7797959683@gmail.com Mobile Number-9775131004
26.	Chandra Gayen Khokan	13	Amit Pal Payel Manna	Mobile no 9564143737  C/O - Pasupati Charan Pal Vill+P.O -Dekhali, Dist- Purba Medinipur, Pin-721430  Date of Birth- 28/10/2004 Blood Group-B+, Email- amitpal7797959683@gmail.com Mobile Number-9775131004  C/O-Rabindranath Manna
	Chandra Gayen  Khokan Chandra			Mobile no 9564143737  C/O - Pasupati Charan Pal Vill+P.O -Dekhali, Dist- Purba Medinipur, Pin-721430 Date of Birth- 28/10/2004 Blood Group-B+, Email- amitpal7797959683@gmail.com Mobile Number-9775131004  C/O-Rabindranath Manna Vill+P.O-Maishali, Dist-Purba Medinipur,
	Chandra Gayen Khokan			Mobile no 9564143737  C/O - Pasupati Charan Pal Vill+P.O -Dekhali, Dist- Purba Medinipur, Pin-721430  Date of Birth- 28/10/2004  Blood Group-B+, Email- amitpal7797959683@gmail.com Mobile Number-9775131004  C/O-Rabindranath Manna Vill+P.O-Maishali, Dist-Purba Medinipur, Pin-721434
	Chandra Gayen  Khokan Chandra			Mobile no 9564143737  C/O - Pasupati Charan Pal Vill+P.O -Dekhali, Dist- Purba Medinipur, Pin-721430  Date of Birth- 28/10/2004  Blood Group-B+, Email- amitpal7797959683@gmail.com Mobile Number-9775131004  C/O-Rabindranath Manna Vill+P.O-Maishali, Dist-Purba Medinipur, Pin-721434  Date of birth-25/12/2003
	Chandra Gayen  Khokan Chandra			Mobile no 9564143737  C/O - Pasupati Charan Pal Vill+P.O -Dekhali, Dist- Purba Medinipur, Pin-721430  Date of Birth- 28/10/2004  Blood Group-B+, Email- amitpal7797959683@gmail.com Mobile Number-9775131004  C/O-Rabindranath Manna Vill+P.O-Maishali, Dist-Purba Medinipur, Pin-721434

				Number-7551852660
27.	Khokan Chandra Gayen	13	Sanjib Das	,C/O- Milan Das,Vill -pur achara,P.O - Tikashi, Dist -Purba Medinipur ,Pin - 721430,Date of Birth - 02/10/2002, Blood group -B+, E-mail: sanjib.partha.das@gmail.com, Mobile no:9382743656
28.	Khokan Chandra Gayen	13	Arnab Jana	C/O- Nitai Jana Vill: Barisha P.O: Bagnabarh, Dist- Paschim Medinipur, Pin-721155 Date of birth-11/12/2003 Blood group-AB+, Email- arnsbjana7779@gmail.com, Mobile Number-7029234921
29.	Khokan Chandra Gayen	13	Manjushree Karan	C/O-Shibshankar karan Vill-Naruabila P.O-Bamanbarh Dist-Purba Medinipur Pin No721456 Date of Birth-05/12/2004 Blood group-B+ Email id -priyakaran7214@gmail.com Mobile No7601856894
30.	Khokan Chandra Gayen	13	Jayosri Das	C/O:- Bibekananda Das Vill:-Idalbar P.O:-Dighadari Dist:-Purba Medinipur Pin:-721444 Dath of birth:-18/04/2004 Blood group:-B+ Email ID:-joyosrid106@Gmail.com Mobile no:-9564733630
31.	Khokan Chandra Gayen	13	Milan Giri	C/O:- Rabindra Nath Giri Vill+P.O:- Mohati Dist:- purba Mednipur Pin:-721430 Date of birth:-07/05/2003 Blood group:-B+ Email ID :- girim0257@gmail.com Mobile no :- 8327858865



MUGBERIA GANGADHAR MAHAVIDYALAYA

NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);

Star College, DBT (Gol)]

(Affiliated to Vidyasagar University) Vil+PO-Bhupatinagar, Dist.-Purba Medinipur West Bengal, Pin-721425, Phone: 03220-270236 e-mail: mugheria\_college@rediffmail.com

Date: 02.02.2023

### NOTICE

This is hereby notified that a Mentor Mentee programme has been arranged for students 1st year B.voc Food Processing (Batch- 2022-2023) at Department of Nutrition on 6th February, 2023, Monday.

All students of this batch must be present on the said programme.

Sucheta Sahoo SACT Department of Nutrition

Mugberia Gangadhar Mahavidyalaya

PrincipalMucheria Gangudhar Mahavidy alaya.

## Mugberia Gangadhar Mahavidyalaya

(A College with Potential for Excellence, DBT Star College, Re-accredited by NAAC 3rd Cycle with Grade B+, Affiliated to Vidyasagar University, West Bengal, India)



## MENTOR-MENTEE PROGRAMME

1<sup>ST</sup> YEAR, B.VOC FOOD PROCESSING DEPARTMENT OF NUTRITION DATE= 6<sup>TH</sup> FEBRUARY, 2023 (MONDAY)

### Mentor Mentee Program

### Department of Nutrition Mugberia Gangadhar Mahavidyalaya

The entire world is going through the grim situation owing to the COVID-19 pandemic and its new variant "Delta" as well as "Omicron". In the present situation people are passing days with lots of uncertainties like threat to be infected, economic recession owing to the long period of lock down, irregularities and disruption of children's education, domestic intolerance due to no or irregular earning and old parent's physical instability as well as employment uncertainties of the educated youth. Not only these, the modern highly complicated way of life has led people in front of perpetual competition and new challenges.

In the light of this, a committee was formed under the mentorship of the Principal, Mugberia Gangadhar Mahavidyalaya, Dr. Swapan Kumar Misra and Dr. Apurba Giri HOD of Department of Nutrition as Convener to conduct the program in a systematic manner. The "Mentor Mentee Program" was completed successfully under the proper guidance of Hon"ble Principal Sir Dr. Swapan Kumar Misra through face-to-face program on 06.02. 2023 with 41 participants.

In the welcome address Dr. Apurba Giri HOD of Nutrition Department had briefly discussed about the relevance of organizing "Mentor Mentee program" in the transition period to move towards the digital milieu along with the uncertainties owing to the covid-19 situation. Learners should do self-analysis to find out their strengths as well as weaknesses. Our Principal sir, Dr. Swapan Kumar Misra also briefly discuss about mentor mentee program and also motivate the students participant all the program and reports all the problem to the mentors friendly every time Mr. Khokan Chandra Gayen Assistant Professor, Dept of Nutrition discussed in details about the importance this programme. All the others teacher clearly discusses about the objectives of this program and motivates to participate friendly. At the end of the program the vote of thanks was proposed by, Dr. Apurba Giri HOD of Department of Nutrition.

Dute - 06/02/2022, (Ebulient Balch). Teacherin name Storpen lamas mison - Prince Pal. 9002770811. 4 South Handal , Asst Auf. 5. Suchela Schoo, SACT Suro 5. Khokan Chandra Gayen. Assl. Prof. Students name (i) Submodor Somanta S. Samonta @ Whitendu Bes N. Bus (3) Nirupam Bona. Ni Bena. (9) Milan Crisi M.Ciri 5) Ramasil Bera R. Bera () Biswajit Phumia B. P.hunis 7) Jagannath Mondal J. Mondal un CTILLE 18 S. Java 9) pehasis maity D. Malt S. Maily 10) Soyan Maily ·S. Barlui 11) Surlaitit Barlui Medinipur 13 Aronab Jane A. Jana 13) Ankan Bag A.Baf 14) SwaJit Jana 8-Arnit pal A.P 16 Sanzil Bas . E. elw 60 Fruskoven Fra 17 Amanya Bhunia.

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### Problem: -

(Sappari, Sanjib) for giving semester 12



(Amil pal, Saptorni Maity, Monalina, Rato,, Suchitra Banix, Arpita Samaria

PROTECTE

## Resolution: -

solution.

O Principal sin, DiMonoranjan Sin, Dr Apurbo Sir

Speech about mentor menter.

O shich type of problems will be Lin curred about this pregramm.

O Mentor speech about moder-menter program.

O Dincoss about problems, and give them

Ch1102

Sourcom

06.62-2023

Mugberia Gangadhar Mahavidyalaya



## Some photos







